



## State of New Jersey

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PHILIP D. MURPHY  
*Governor*  
*Commander-in-Chief*

SHEILA OLIVER  
*Lieutenant Governor*

☆☆  
LISA J. HOU, D.O.  
*Major General*  
*The Adjutant General*

Press Release:  
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### **Brigadier General Lisa J. Hou, D.O., The Adjutant General of New Jersey, promoted to the rank of Major General**

LAWRENCEVILLE, N.J. – Brigadier General Lisa J. Hou, D.O., Commissioner of the New Jersey Department of Military and Veterans Affairs and The Adjutant General of New Jersey, has been promoted to the rank of Major General. The Honorable Philip D. Murphy, Governor of the State of New Jersey, today presided over a military ceremony honoring Major General Hou on this achievement and renewing her oath of service at the Lawrenceville Armory in Lawrenceville, New Jersey.

“Over the course of three decades in service to our State and our nation — including the last three years spent leading the New Jersey National Guard and the Department of Military and Veterans Affairs — General Lisa Hou has proven that her commitment to improving the lives of our residents runs deep,” said Governor Phil Murphy. “Nobody is more deserving of this promotion than General Hou and I know that, as Major General, she will continue to lead the Guard and her department with distinction.”

“I am so grateful to work with this amazing team,” said Maj. Gen. Hou. “To me, this day is an opportunity to recognize the incredibly important work our National Guard Soldiers and Airmen do, along with our civil servants, every day. It is a tremendous privilege to continue my service to state and nation, as part of the DMAVA family.”

Major General Hou began her military career in 1994 when she joined the New Jersey National Guard while attending medical school at the University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine. She completed her doctoral degree in Osteopathic Medicine in 1996.

Since then, Major General Hou has served in multiple capacities in the New Jersey National Guard. A combat Veteran with tours in Iraq in 2005 and Afghanistan in 2011, she performed medical treatments ranging from routine to advanced medical care procedures for coalition forces, contractors, foreign nationals and civilians.

Major General Hou would go on to serve as the Commander of Medical Command for the New Jersey National Guard and Assistant Commissioner for Operations – Deputy Adjutant General for New Jersey. In 2020, Governor Murphy appointed Dr. Hou as The Adjutant General of New Jersey and Commissioner of the New Jersey Department of Military and Veterans Affairs, making her the first woman to command the New Jersey National Guard. She is now the first woman and first Asian American to reach two star in this New Jersey role.

Major General Hou commands more than 8,400 Soldiers and Airmen of the New Jersey National Guard. She holds a Master of Strategic Studies from the United States Army War College and a Master of Business Administration from the Rutgers School of Business – Camden.

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